

Obesità nell'adulto

Fabrizio Pasanisi, Iolanda Cioffi

Bibliografia essenziale

- Grun F, Blumberg B. Environmental obesogens: organotins and endocrine disruption via nuclear receptor signalling. *Endocrinol*; 147 Suppl 6:S50–5, 2006.
- Heindel JJ, Schug TT. The obesogen hypothesis: current status and implications for human health. *Curr Environ Health Rpt.*; 1:333–40, 2014.
- Heindel JJ, vom Saal FS, Blumberg B et al. Parma consensus statement on metabolic disruptors. *Environ Health*; 14:54, 2015.
- Huang PC, Liou SH, Ho IK et al. Phthalates exposure and endocrinal effects: an epidemiological review. *J Food Drug Anal*; 20:719–33, 2012.
- Janesick A, Blumberg B. Endocrine disrupting chemicals and the developmental programming of adipogenesis and obesity. *Birth Defects Res C Embryo Today*; 93:34–50, 2011.
- Janesick AS, Blumberg B. Obesogens: an emerging threat to public health. *Am J Ob Gynecol*; 214:559–65, 2016.
- Kamrin MA. Phthalate risks, phthalate regulation and public health: a review. *J Toxicol Environ Health Part B*; 12:157–74, 2009.
- Kershaw EE, Flier JS. Adipose tissue as an endocrine organ. *J Clin Endocrinol Metab* 89:2548. 2004.
- Kyrgiou M, Kalliala I, Markozannes G, Gunter MJ, Paraskevaides E, Gabra H, Martin-Hirsch P, Tsilidis KK. Adiposity and cancer at major anatomical sites: umbrella review of the literature. *BMJ*. 2017 Feb 28;356:j477. doi:10.1136/bmj.j477. Review.
- Linee guida NICE. Obesity: clinical assessment and management – August 2016
- Marra M, Cioffi I, Sammarco R, Montagnese C, Naccarato M, Amato V, Contaldo F, Pasanisi F. Prediction and evaluation of resting energy expenditure in a large group of obese outpatients. *Int J Obes (Lond)*. 2017 Feb 28. doi:10.1038/ijo.2017.34.
- Murphy KG et al Gut peptides in the regulation of food intake and Energy homeostasis. *Endocr Rev* 27:719. 2006.
- Nappi F, Barrea L, Di Somma C, et al. Endocrine aspects of environmental “obesogen” pollutants. *Int J Environ Res Public Health*; 13:765, 2016.
- OECD (Organisation for Economic Cooperation and Development). The 2004 OECD list of high production volume chemicals. Environment Directorate, Paris; 2004.
- Ogden CL et al The epidemiology of obesity. *Gastroenterology* 132:2087, 2007.
- Pinheiro Volp AC, Esteves de Oliveira FC, Duarte Moreira Alves R, Esteves EA, Bressan J. Energy expenditure: components and evaluation methods. *Nutr Hosp*; 26: 430–440, 2011.

- Rochester JR. Bisphenol A, and human health: a review of the literature. *Reprod Toxicol*; 42:132–55, 2013.
- Rubin BS. Bisphenol A: an endocrine disruptor with widespread exposure and multiple effects. *J Steroid Biochem Mol Biol*; 127:27–34, 2011.
- Standard Italiani per la cura dell'obesità SIO – ADI 2012-2013.
- Schebendach JE, Mayer LE, Devlin MJ, Attia E, Contento IR, Wolf RL et al. Dietary energy density and diet variety as predictors of outcome in anorexia nervosa. *Am J Clin Nutr*; 87:810–6, 2008.
- Sharma AM, Kushner RF. A proposed clinical staging system for obesity *International Journal of Obesity* 33, 289–295, 2009.
- Suzuki K, Simpson KA, Minnion JS, Shillito JC, Bloom SR. The role of gut hormones and the hypothalamus in appetite regulation. *Endocr J*;57(5):359-72, 2010.
- Villablanca PA, Alegria JR, Mookadam F, Holmes DR Jr, Wright RS, Levine JA. Nonexercise activity thermogenesis in obesity management. *Mayo Clin Proc. Apr*;90(4):509-19, 2015.